#### South Australian Country Basketball Council Inc.

ABN: 24 495 373 755 Adelaide Arena, 44a Crittenden Rd, FINDON SA 5023 PO Box 29, FINDON SA 5023 08 8268 8157 office@sacbci.com.au sacbci.com.au



POL1000: Hot weather

Version: 2.0

Date: November 2015 Next review: November 2016

### **Summary**

SA Country and affiliated Associations have an obligation to all players, officials, coaches, managers and spectators to provide a safe and enjoyable environment.

In the event of hot weather, SA Country will adhere to the following policy and recommend that all Affiliated Associations who conduct their own tournament do the same.

No-one should ever feel as though they must play if they believe it is unsafe or they are feeling distressed.

#### **Detail**

#### **Guidelines**

Irrespective of the predicted maximum temperature, stadium managers, coaches, team managers and referees should feel free to adopt the following as appropriate, in cases of hot weather:

- Take steps to maximise airflow and reduce heat build up in stadia,
- Make an assessment of playing conditions and advise referees and coaches,
- Cancel or postpone games if playing conditions are considered unsafe.

Coaches and managers should:

- Ascertain whether any players have known medical conditions which may be affected by heat,
- Ensure that players take adequate fluid during the game,
- Be alert and react to any signs of distress/potential distress in players,
- Make substitutions as appropriate,
- Utilise available time-outs.

Referees should, at the direction of the organising body:

- Call additional time-outs
- Extend the breaks between quarters

## Training (i.e. For Country Cup, Southern Cross Challenge and National Championships)

This Hot Weather Policy solely relates to trainings conducted by SA Country Basketball and has been developed to alert administrators, players, coaches, officials and parents/care givers when a game will definitely be cancelled due to extreme heat.

It can also be adopted by Affiliated Associations for their own training.

- On days when the forecast maximum temperature as published at 3pm on <u>www.bom.gov.au</u> for the nearest town or city is 38 degrees or higher, all training will be cancelled, except those at air-conditioned stadiums.
- On days when the actual temperature as published on <a href="www.bom.gov.au">www.bom.gov.au</a> for the
  nearest town or city is 35 degrees or higher, regular breaks and monitoring of
  athletes will occur.
  - All coaches and team managers are to ensure that adequate water is available for players
  - Adjustments can be made during the course of the day depending on changes to weather conditions

It is recommended that qualified trainers are in attendance at all times.

# Representative competitions (i.e. Country Championships, Association tournaments or similar)

This Hot Weather Policy solely relates to Country Championships managed by SA Country Basketball and has been developed to alert administrators, players, coaches, officials and parents/care givers when a game will definitely be cancelled due to extreme heat.

It can also be adopted by Affiliated Associations for their own tournaments.

- On days when the forecast maximum temperature as published on <u>www.bom.gov.au</u> for the nearest town or city is 38 degrees or higher, all games will be cancelled, except those at air-conditioned stadiums.
- On days when the actual temperature as published on <a href="www.bom.gov.au">www.bom.gov.au</a> for the
  nearest town or city is 35 degrees or higher, timing rules for all games will be
  modified as follows
  - At the five minute mark of each quarter there will be a compulsory time out of 1 ½ minutes to allow for rest and rehydration
  - This time out will be in addition to any time out called by the competing teams
  - All coaches and team managers are to ensure that adequate water is available for players
  - Adjustments can be made during the course of the day depending on changes to weather conditions

It is recommended that qualified trainers are in attendance at all times.

### **Local competitions**

Due to the varying times of day and venues in use across Affiliated Associations, SA Country recommends each Association develop and publish their own policy for local competitions.

The above rules can be used as a guide to implementing local policy.

Please contact SA Country if you require assistance developing a policy.